



Ronan O'Gara

If you want a keynote that blends real pressure stories with practical lessons your audience can use the next day, Ronan O'Gara is a safe pair of hands. A famed Irish rugby union player who became an elite head coach, he has led squads in Ireland, France and New Zealand, and he brings a straight talking attitude that keeps rooms engaged from the first minute.

KEY TOPICS

- Performance
- Leadership
- Data & Analytics

BIOGRAPHY

Why Book Ronan

[O'Gara](#) played fly half, the decision maker who steers the game. For Ireland he became one of the country's most capped players and, for many years, its highest ever points scorer. He remains one of the great points scorers in rugby union history. With Munster he won both the **Heineken Cup** finals of 2006 and 2008, moments that still echo in Heineken Cup history. After retiring from playing, he moved into coaching with the Crusaders and collected two Super Rugby titles. He then took charge in France, where his La Rochelle side won the Heineken Champions Cup in 2022 and 2023. It is a remarkable career that has delivered at every stage.

What He Covers

Every talk is built around your goals, your audience and your timetable. Typical themes include:

- Leadership You Can Trust. How leaders set standards, build belief and turn ambition into daily habits across an organisation.
- Decisions Under Pressure. What a fly half sees, and how to simplify choices when the stakes are high.
- Culture That Lasts. Creating a dressing room where honesty, care and accountability live side by side.
- From Analysis To Action. Using data to coach people, not spreadsheets, and keeping performance human.
- Consistency Beats Noise. Why steady habits win trophies and deals.

Expect clear, relatable parallels between elite sport and business. He draws on weeks that decided **Grand Slams** and **Triple Crowns**, tight away days in Scotland and Australia, and the rhythm of knockout rugby in France and New Zealand. He is happy to discuss captaincy, selection calls, recovery after setbacks and how to reset a squad without drama.

Style and Impact

Friendly, professional and direct. Ronan speaks as a current coach who still lives match weeks, media attention and tough team meetings. He answers questions plainly, keeps jargon light and focuses on what people can do differently tomorrow morning.

Ideal For

- Leadership offsites and sales kick-offs
- Conferences that want a headline name with substance
- Corporate events, client evenings and internal town halls

Career Highlights

- Ireland great, a heavily capped player with three Triple Crowns and a Grand Slam
- Munster icon who won both the Heineken Cup titles in 2006 and 2008
- Crusaders assistant with two Super Rugby titles
- Head coach in France with back-to-back Heineken Champions Cup wins
- Long service to his country that places him among Ireland's most capped players and leading points scorers

Booking Ronan O'Gara

Booking Ronan O'Gara for speaking engagements is straightforward. Tell us about your event, audience and outcomes, and we will shape a **keynote**, fireside chat or moderated Q&A to fit your programme. If you are booking Ronan O'Gara for a larger conference or private leadership session, our team will handle prep calls, travel and technical checks so the day runs smoothly.